



Fall Aquatic Hours

September 1 – October 31

Main Pool

Training Pool

Monday – Friday

5:45 – 6:45 a.m.	Military Swim	Closed
7:00 – 8:00 a.m.	PRT, PMS, EOD	Closed
8:00 – 9:00 a.m.	Fitness Enhancement	Closed
9:00 – 10:00 a.m.	Lap Swim	Open Swim
10:00 – 11:00 a.m.	Lap Swim/Aqua Aerobics (Tue&Thur)	Open Swim
11:00 a.m. – 1:00 p.m.	Lap Swim/Masters Swim (Mon&Thur, 3 lanes)	Open Swim
1:00 – 5:00 p.m.	Lap Swim/Open Swim	Closed at 4:30 after Sept. 13
5:00 – 6:30 p.m.	Lap Swim/Aqua Aerobics (Mon, Wed&Fri)	Closed
6:30 p.m.	Closed	Closed

SATURDAYS

11:00 a.m. – 1:00 p.m.	Lap Swim	Open Swim at 12 p.m.
1:00 p.m. – 6:00 p.m.	Open Swim	Open Swim
6:00 p.m.	Closed	Closed

SUNDAYS

11:00 a.m. – 1:00 p.m.	Lap Swim	Open Swim at 12 p.m.
1:00 p.m. – 6:00 p.m.	Open Swim	Open Swim
6:00 p.m.	Closed	Closed

THE "COOL POOL" (Closed after September 7)

Monday-Friday	Saturday
9:00 a.m. – 8:00 p.m.	11:00 a.m. – 6:00 p.m.

